

## REGISTER OF INTERESTS

SIGN guideline: Management of Chronic Pain

10 December 2025

Personal				Non-personal	Any other relevant interests	Date received by SIGN Executive	Action
Financial		Non-financial					
Specific	Non-Specific	Specific	Non-Specific				

CHAIR								
Professor Lesley Colvin, Prof of Pain Medicine – University of Dundee Deputy ADR, University of Dundee/NHS Tayside	Full time employment as Prof of Pain Medicine – University of Dundee - May 2018 – ongoing.  Editor - British Journal of Anaesthesia - From 2010: ceased 30/09/2021.  Local PI on Phase 2 study (Oral VX-993) for	None	Pain representative on NIHR-CRN Speciality Cluster (Anaesthesia, Peri-operative Medicine and Pain) – NIHR – ongoing.  Co-opted member for SIGN - Royal College of Anaesthetists (Scottish Board) – ongoing.	None	<u>Financial</u> Lead for Pain Specialty Group/ Scottish Pain Research Community (SPaRC) – NHS Research Scotland – ongoing – topic specific.  Consortium bid: Partnership for Assessment and Investigation of	None	7.2.25	No action required. The research grant from Vertex is to investigate a novel selective sodium channel blocker (NaV1.7) – this class of drugs is not licensed for use in chronic pain or included in the guideline.

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	pain associated with diabetic peripheral neuropathy – Vertex – ongoing.				Neuropathic Pain: Studies Tracking Outcomes, Risks and Mechanisms (PAINSTORM, CI D Bennett, Oxford, Colvin: PI for CIPN component) – ongoing – topic specific.  Consortium against pain inequality (CAPE): The impact of adverse childhood			
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					<p>experiences on chronic pain and responses to treatment. University of Dundee: lead site; CI: Tim Hales; local PI: L Colvin) - Advanced Pain Discovery Platform (UKRI) – ongoing – topic specific.</p> <p>Alleviate: Hub for Pain (HDRUK Pain Data Hub) CI:</p>			
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					Emily Jefferson, University of Dundee; Colvin: co-applicant/ WP lead) - Advanced Pain Discovery Platform (UKRI) – ongoing – topic specific.  <u>Non-Financial</u> Chronic Pain Research Group (co-lead with Blair Smith): research into			
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					chronic pain – University of Dundee – ongoing – topic specific.			
GUIDELINE DEVELOPMENT GROUP MEMBER								
Sonia Aitken, CEO, Pain Association Scotland	None	None	None	None	None	None	17.6.25	No action required
Paul Barratt, Lecturer and Deputy Programme Director, Clinical Management of Pain, University of Edinburgh	None	None	None	None	None	None	9.9.25	No action required
Fraser Bell, Interim Service Lead / AHP Lead, NHS GG&C	None	None	None	None	None	None	9.9.25	No action required
Hazel Borland, Office Administrator, Fibromyalgia Action UK	None	None	Employee - Fibromyalgia Action UK - ongoing	None	None	None	10.9.25	No action required

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Line Caes, Associate Professor, University of Stirling	None	None	Ongoing research project: MR/W002566/1: UKRI/Arthritis UK/Eli Lilly. Advanced Pain Discovery Platform - for the amount of £2,988,176 to support the project The Consortium Against Pain inEquality (CAPE): The impact of adverse childhood experiences on chronic pain and	None	None	None	16.6.25	No action required – the guideline scope does not include evaluation of adverse childhood experiences as an effect modifier
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			responses to treatment. (July 2021-June 2026). PI: Prof Timothy Hales; Dr Line Caes is a co-applicant and leads on work package 1 of 5 work packages, which aims to co-develop (with people with lived experiences) a questionnaire to assess adverse childhood experiences in					
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			adults with chronic pain.					
Paul Cameron, Director of Allied Health Professions, NHS Forth Valley	None	None	None	None	None	None	16.6.25	No action required
Jenifer Dallas, MSK Physiotherapist, NHS 24/ Chartered Society of Physiotherapy	None	None	None	None	None	None	9.9.25	No action required
Katrina Dick, Consultant Anaesthetics and Pain, NHS Ayrshire & Arran/GMC	None	None	None	None	None	None	3.12.25	No action required
Sarah Donaldson, Lecturer (Teaching & Research), University of Dundee	None	Speakers' honoraria for online learning session - Camurus AB – 14.5.25	None	None	<u>Financial</u> Investigator-led funding for two research studies:	None	18.6.25	No action required – research grants do not involve interventions for



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					<p>Prolonged-release opioid for recovery (PROP) study.</p> <p>Long-acting Buprenorphine and influence on Non-Fatal Overdose in Tayside. A Retrospective Case Control Study – both Camurus AB – currently funding (not topic specific).</p>			population with chronic pain.
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Emma Dow, Adult Disability Practitioner, Social Security Scotland	None	None	None	None	None	None	24.1.25	No action required
Margaret Dunham, Associate Professor in Nursing & Pain Management, Edinburgh Napier University (RN with NMC)	None	None	None	None	None	None	9.9.25	No action required
Fiona Eastop, Clinical Pharmacist, Effective Prescribing and Therapeutics, Scottish Government	None	None	None	None	None	None	16.6.25	No action required
Agnes Falconer, lived experience representative	None	None	None	None	None	None	9.9.25	No action required
Chloe Fawns-Ritchie, Lecturer in Psychology,	None	None	Steering committee	None	None	None	17.6.25	No action required

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University of Edinburgh			member - NRS Pain.					
Peter Foley, Neurology Consultant, NHS Lothian	None	None	None	Neurology Consultant so regularly see people who experience chronic pain. I have previously published peer-reviewed research focusing on mechanisms of pain in multiple sclerosis and continue to carry out research in	None	None	9.9.25	No action required – authored articles do not involve interventions for population with chronic pain which map to key questions in this guideline.

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				this area including involvement in the Octopus multi-arm multi-stage randomised controlled trial - which focuses on disability outcomes in MS but also collects data on pain.				
Patrice Forget, Clinical Chair in Anaesthesia, University of Aberdeen	Financial support for the Pain and Opioids after Surgery (PANDOS) and the Euro-	None	None	None	None	None	16.6.25	Individual will not participate in the key question on topical analgesia to

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	Periscope Research Groups (IDs ESAIC_GR_2021_PF, ESAIC_RG_PAND, and ESAIC_RG_EP) - European Society of Anaesthesiology and Intensive Care (ESAIC) – 31.12.24							avoid potential conflict with Interest associated with Grunenthal
	Advisory board/speaker fees – Grunenthal – 31.4.25							This (PANDOS) is a new declared interest which conflicts with the work already completed by the individual on the opioids

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	Advisory board/speaker fees - GE Healthcare – 31.12.23							section of the guideline. No action required.
	Advisory board/speaker fees – Oncomfort – 30.9.22							
Steve Gilbert, Consultant in Anaesthetics and Pain Medicine, Belford Hospital, NHS Highland (until December 2024, now retired)	None	None	None	None	None	None	16.6.25	No action required
Lorraine Harrington, Anaesthetic and	Consultancy - Reckett	None	None	None	None	None	20.6.25	No action required.

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Pain Medicine Consultant, NHS Lothian	Pharmaceutical – 1.5.25.  Consultancy – Sanofi I have reviewed and edited a proposed study design looking at the impact of Buscopan in dysmenorrhoea (period pain). The work involved designing data points for collection within the study and suggesting							Although Sanofi develops an antiepileptic drug (sodium valproate) this consultancy with Sanofi does not involve any antiepileptic drug and does not represent a conflict of interest.
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	populations. - ongoing.							
Heather Harrison, Pharmacist, NHS GGC GPhC (until June 2025, now retired) Stepped down from guideline group in November 2025	None	None	I was a lead author on the Scottish Government Therapeutics Branch Quality Prescribing Guide for Chronic Pain which was published in 2018 and I have also been involved in the update 2026-2029.  I have also authored NHS GGC Chronic Non Malignant	None	Husband has shares in Astra Zenica and GSK	None	10.9.25	No action required



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			Pain Opioid Guidelines published 2024.					
Tom Herbert, Assistant Professor, Iryo Sosei University	None	None	None	None	None	None	10.9.25	No action required
Rebecca Hunter, Assistant Professor, Northumbria University	Consultant - OSO Pain Management Ltd – 1.1.24	None	None	None	None	None	9.9.25	No action required – Individual is not allocated to the key question on pain management programmes
Marc Jacobs, General Practitioner, Edzell Health Centre, NHS Tayside	None	None	None	None	None	None	5.12.25	No action required

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Dr Saravanakumar Kanakarajan, Consultant in Anaesthesia and Pain Medicine, NHS Grampian	None	None	None	None	None	None	11.9.25	No action required
Mia Koponen, PhD student, University of Dundee	None	None	PhD studentship investigating neuropathic pain pharmacoeconomics – University of Dundee – ongoing.	None	None	None	18.6.25	No action required
Conor McAndrew, Lead Pharmacist Inpatient Pain Management Team, NHS Lothian	None	None	None	None	None	None	10.9.25	No action required
Donna Manson, Advanced Specialist	None	None	None	None	None	None	21.11.25	No action required

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Dietitian/CAMHS/Dietitian, NHS Tayside								
Louise Marshall, Clinical Psychologist, NHS Tayside	None	None	None	None	None	None	15.7.25	No action required
Kathryn Martin, Senior Lecturer, University of Aberdeen	None	None	None	None	None	None	19.6.25	No action required
Tricia Mieduniec, Pharmacist, NHS Borders	None	None	None	None	None	None	8.7.25	No action required
James Morton, General Practitioner/ SIGN Council Vice Chair, Nithsdale Merryvale Group Practice, NHS GG&C	None	GP Principal – ongoing.  Independent food writing - includes social media channels @bakingjames,	None	None	None	None	8.12.25	No action required

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		<p>broadcasting, publishing online and in print various outlets. Non-fiction publishing contracts with Quadrille and Ebury Publishing (Penguin Random House).</p> <p>Climate and Sustainability Clinician Representative - Royal College of General Practitioners</p>						
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		(RCGP) – June 2025.						
Barbara Nicholl, Professor of Primary Care Research, University of Glasgow	None	External Advisory Board - Steno Foundation funded programme of work in Denmark - on "Multidisciplinary Team Conference for Diabetes and Multimorbidity: Learnings across local models" - ongoing	Member of College of Experts, sitting on funding panels - Arthritis UK - ongoing.	None	<u>Financial</u> Grant funding: The impact and experience of painful conditions and multimorbidity for people with intellectual disabilities. Bailly Thomas Charitable fund. doctoral Fellowship funding. Due to finish 02/10/2025	None	11.9.25	No action required - funded research does not involve interventions for population with chronic pain which map to key questions in this guideline.

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					<p>Multimorbidity Doctoral Training Programme for Healthcare Professionals . Wellcome Trust. Due to finish 31/10/2029</p> <p>SEISMIC: Developing Systematic - Prevention, Precision and Equity by Design for People Living with Multiple</p>			
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					Long-term Conditions. NIHR-EP SRC. Ceased 31/07/2025 – (none of above topic specific).			
Christine Pacitti, Postgraduate Researcher, University of Glasgow	Doctoral fellowship: The impact and experience of painful conditions and multimorbidity for people with intellectual disabilities.	None	None	None	None	None	15.9.25	No action required – this funded Fellowship does not support research on interventions for chronic pain which map to key questions in

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	Baily Thomas Charitable fund. Ended 02/10/2025							this guideline.
Peter Paisley, Consultant in Anaesthesia and Pain Medicine, NHS GG&C	None	None	None	None	None	None	9.9.25	No action required
Christopher Pell, Consultant Psychiatrist, on behalf of RCPsych in Scotland	None	Accommodation reimbursed for attendance at conference on sleep disorders – Idorsia – 8.12.23.	None	None	None	None	9.9.25	No action required – the guideline contains no key questions on sleep disorders, and the meeting supported by this



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								funding was not focused on chronic pain.
Colin Rae, Consultant in Anaesthesia and Pain Management, Greater Glasgow and Clyde Pain Service	None	None	None	None	None	None	18.6.25	No action required
Nicola Rhind, Advanced Practice Physiotherapist, NHS Grampian	None	None	None	None	None	None	16.9.25	No action required
Lorna Semple, Clinical Specialist Physiotherapist, NHS GG&C	None	None	None	None	None	None	9.9.25	No action required
Dhaneesha Senaratne, Clinical PhD Fellow / Registrar in	None	Recipient of a funded PhD Fellowship –	None	Local co-investigator on a pharmaceutical	None	None	16.6.25	No action required. The research

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Anaesthesia, University of Dundee/NHS Tayside		Wellcome Trust.		al trial run by Vertex. I receive no financial or non-financial benefits for this role.				grant from Vertex is to investigate a novel selective sodium channel blocker (NaV1.7) – this class of drugs is not licensed for use in chronic pain or included in the guideline.
Nicole Shaer, GP, GMC								Removed from group on 25.3.25 in line with SIGN DOI policy.

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Blair Smith, Professor of Population Health Science, University of Dundee	Research grant (on behalf of institution) - Medical Research Council, Arthritis UK and Eli Lilly – ongoing.  Research grants (on behalf of institution) – Scottish Government (Chief Scientist Office) – ongoing.	None	Co-chair - International Association for the Study of Pain, Global Association of Partners for Pain Advocacy – ongoing.  Numerous (>300) peer- reviewed scientific papers, mainly on or related the subject of chronic pain, and various book chapters, reports etc – ongoing.	None	<u>Financial</u> PhD Fellowship, held by staff member whose I supervise - Wellcome Trust – ongoing (topic specific)  PhD Studentship, held by student whom I am supervising - National Institute of Academic Anaesthesia	None	16.6.25	No action required  Grants do not involve research on the topics of key questions to which the individual is allocated, therefore no potential risk identified.
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	Research grant (on behalf of institution) - National Institute of Academic Anaesthesia – ongoing.				– ongoing (topic specific).  <u>Non-financial</u> Co-lead - University of Dundee, Chronic Pain Research Group, publishing and conducting research around chronic pain – ongoing (topic specific).			
Julie Stewart, Senior Clinical Pharmacist Pain Management,	None	None	None	None	None	None	9.9.25	No action required

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NHS Ayrshire and Arran / General Pharmaceutical Council								
Ariane Sultana, CNS Chronic Pain, NHS Highland	None	None	None	None	None	None	10.9.25	No action required
Jennifer Taggart, Clinical Specialist Occupational Therapist, NHS GG&C	None	None	None	None	None	None	11.9.25	No action required
Bhushan Thakkar, Postdoctoral Research Fellow, University of Dundee	None	None	None	None	None	None	10.9.25	No action required
Jonathan Todman, Senior Clinical Psychologist, NHS Lothian	None	None	None	None	None	None	17.6.25	No action required

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Heather Wallace, Chief Executive, Pain Concern	None	None	Chief Executive (voluntary position) – Pain Concern - ongoing	None	None	None	10.9.25	No action required
Gillian Ward, Clinical Specialist Occupational Therapist, HCPC	None	None	None	None	None	None	8.8.25	No action required
Lucy Whitaker, Senior Clinical Research Fellow, University of Edinburgh	2023-2026 Chief Scientist Office Translational Clinical Studies Grant (£299,509)  ENDOCAN-1: a pilot randomised	2025-2027 CSO Early Post-doctoral Fellowship (£686,286)  Novel non-invasive diagnostic imaging of endometriosis using total-	None	None	None	None	10.9.25	Individual will not participate in development of recommendations for the specific population of women with chronic endometriosis

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	controlled trial of the efficacy of a cannabinoid oral tincture in the management of endometriosis-associated pain (TCS/22/28). L Whitaker (Chief Investigator), A Horne, J Daniels, L Saraswat, S Lewis, H Durand, A Neilson and E Cox	body PET-CT (EPD/24/19) L Whitaker  2025-2027 MRC Capital Awards National PET-Imaging Platform (£90,000)  Novel non-invasive diagnostic imaging of endometriosis using total-body PET-CT L Whitaker  2024-2025 MRC Impact						
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	2023-2026 Wellbeing of Women Project Grant (£249,849)  A randomised, double-blind, placebo-controlled feasibility trial to evaluate dichloroacetate in the management of endometriosis-associated pain (EPiC2; RG2415) L Whitaker (Chief	Acceleration Award (£97,874)  Total body PET-CT for the diagnosis of endometriosis (MRC/IAA/017) L Whitaker (Chief Investigator), D Newby, M Williams, A Horne  2021-2026 National Institute for						
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	Investigator), A Horne, J Daniels, L Saraswat, MC Jones and C Graham  2023-2024 Academy of Medical Sciences Starter Grant (£29,829)  Improving understandin g of endometriosi s pain flares to support patients with self-	Health Research HTA (£2,183,500 + extension £86,972)  ESPriT2: A multi-centre randomised controlled trial to determine the effectiveness of laparoscopic treatment of isolated superficial peritoneal endometriosi s for the management						
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	management and prevention (EndoFLARE): a feasibility study (SGL028\1025) L Whitaker  2019-2024 Chief Scientist Office Clinical Lectureship (£205,744) Precision treatment and drug repurposing to reduce endometriosis	of chronic pelvic pain in women (NIHR129801) L Whitaker (co-Chief Investigator), A Horne, (co-Chief Investigator), J Norrie, J Stephen, J Daniels, K Cooper, J Clark, J Thornton, Y Cheong, A Maheshwari, C Becker, K Vincent, L Jackson, E						
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	s-associated pain in women – topic specific	<p>Cox, L Hummelshoj</p> <p>2021-2024 Roche Diagnostics (£414,000)</p> <p>ENVISION: ENdometroisiss biomarker Verlfication Sample collectiON. L Whitaker (co-Chief Investigator), A Horne, (co-Chief Investigator), M Hund, A-M Olziersky, D Allegranza</p>						
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Lars Williams, Consultant in Anaesthesia and Pain Medicine, NHS GG&C	None	None	None	None	None	None	9.9.25	No action required
John Wilson, Consultant in Anaesthesia and Pain Medicine, NHS Lothian	None	None	None	None	None	None	23.9.25	No action required