

Published March 2025

SIGN 172: Prevention and remission of type 2 diabetes

Update report

Date	Update request	Decision	Status	Description
13/05/25	Amend Read codes listed in sections 5.1 and 2.2.1. C109-2 is not a Read code, but a synonym use only in the EMIS PCS system.	Update	Amendment published May 2025	Section 2.1, Identifying people at high risk of type 2 diabetes: clinical coding - Read codes changed from C11y500 to C11y5, and '.' added to code 66Az. Section 5.1, Achieving remission: non-pharmacological approaches) - Read code changed from C109-2 to C10F.
3/11/25	Update link in further resources to include the new NHS Inform Weight Loss site.	Update	Amendment published November 2025	Section 6.2.2: Weight management resources Link to NHS Inform Weight Loss site added.