



Development of patient version of the stroke guideline

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Aims



- **SIGN group formed to translate clinical guideline into patient version**
- **Patient guideline to be based on the main guideline**
- **Patient guideline is not intended to be general information leaflet**
- **Patient guideline will include:**
 - summary of the condition
 - Summary of tests, treatments and procedures recommended by SIGN
 - signposting information
 - glossary



SIGN Recommendations – stroke patient information



- D** Each patient should be individually assessed on his or her readiness to receive information
- D** Healthcare professionals should take a patients age, gender and educational status into account when assessing their need for information
- A** Information should be offered to patients in a variety of formats
- D** Information should be tailored to the phase of the patients journey
- D** Information should be repeated and re-offered at appropriate intervals

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Why CHSS?



- Health Information Department
- 10 years experience
- NHS Scotland Information Provider
- Source of good quality patient information
- Based on national guidelines; peer, patient, expert reviewed
- Over 180,761 items distributed in 2007
- Ten Stroke booklets and 30 Factsheets
- Aphasia resources: journey, conversation, strategy

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Patient Version - Group

Membership:

- SIGN Patient Involvement Team
- Two patient / carer representatives
- Two pharmacists
- Fife Stroke Co-ordinator
- Two CHSS stroke nurses
- Health Information Manager (CHSS)



Deciding content

- Isolated recommendation points
- Formed a question
- Worded the answer
- Worked out a logical order
- Removed any points too complicated for this format
- Added more detail; 'How can I help myself' section
- Made language easier to understand
- Drafts edited by SIGN for group to review



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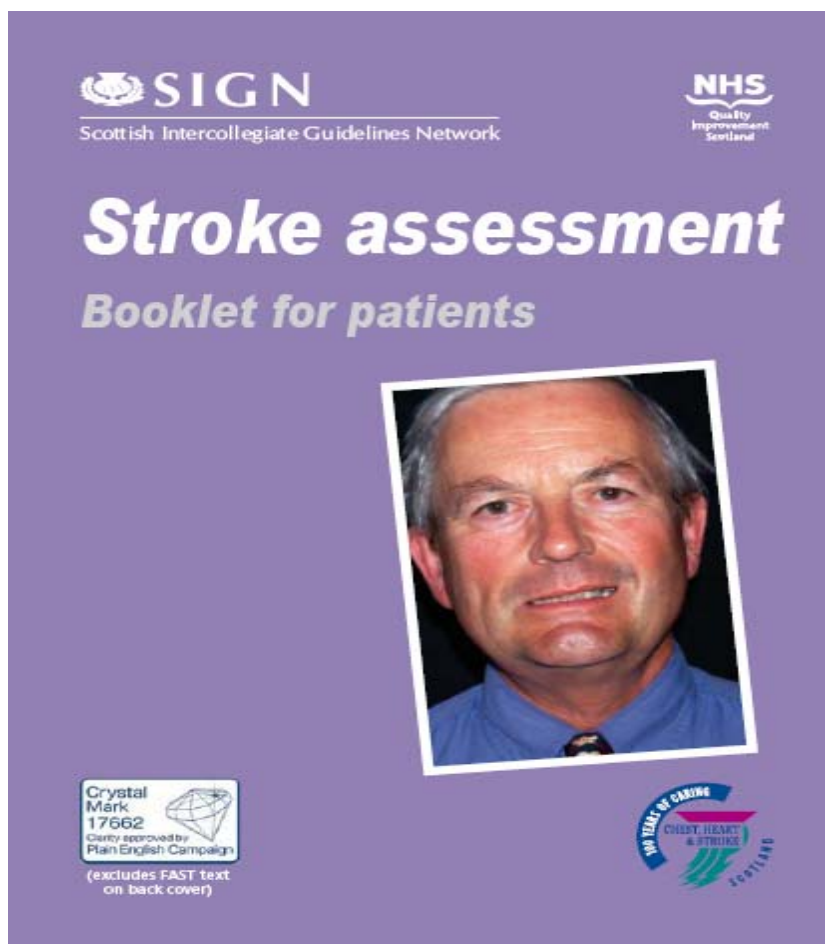
Process

- Patient group draft edited by SIGN
- Peer review from main group
- SIGN editorial group
- Crystal Mark Award
- Chief Editor SIGN





The end result



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Learning points

- A learning opportunity for everyone
- Accurate health information versus plain English requirements is difficult!
- Always need more time than estimated
- The huge commitment from group members can not be emphasised enough



Thanks go to.....

Patient Representatives:

Mrs Issy Greenlees

Mr Tony Scanlon

Health Care Professionals:

Ros Anderson

Anne Kinnear

Hazel Fraser

From CHSS:

Lorna McTernan

Audrey Bruce

Katie Lambert

From SIGN:

Roberta James

Karen Graham

Kara Clark

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