

Table 12: Categorisation of inhaled corticosteroids by dose – adults* (see also Figure 2)

ICS	Dose		
	Low dose	Medium dose	High dose#
Pressurised metered dose inhalers (pMDI)			
Beclometasone dipropionate			
Non-proprietary	100 micrograms two puffs twice a day	200 micrograms two puffs twice a day	200 micrograms four puffs twice a day
Clenil Modulite pMDI	100 micrograms two puffs twice a day	200 micrograms two puffs twice a day	250 micrograms two puffs twice a day 250 micrograms four puffs twice a day
Kelhale pMDI (extrafine)	50 micrograms two puffs twice a day	100 micrograms two puffs twice a day	100 micrograms four puffs twice a day
Qvar pMDI (extrafine) Qvar Autohaler (extrafine) Qvar Easi-Breathe (extrafine)	50 micrograms two puffs twice a day	100 micrograms two puffs twice a day	100 micrograms four puffs twice a day
Soprobeq pMDI	100 micrograms two puffs twice a day	200 micrograms two puffs twice a day	250 micrograms two puffs twice a day 250 micrograms four puffs twice a day
Ciclesonide			
Alvesco pMDI	80 micrograms two puffs once a day	160 micrograms two puffs once a day	160 micrograms two puffs twice a day
Fluticasone propionate			
Flixotide Evohaler	50 micrograms two puffs twice a day	125 micrograms two puffs twice a day	250 micrograms two puffs twice a day
Dry powder inhalers (DPI)			
Beclometasone			
Non-proprietary Easyhaler	200 micrograms one puff twice a day	200 micrograms two puffs twice a day	n/a
Budesonide			
Non-proprietary Easyhaler	100 micrograms two puffs twice a day	200 micrograms two puffs twice a day	400 micrograms two puffs twice a day
Budelin Novolizer	n/a	200 micrograms two puffs twice a day	200 micrograms four puffs twice a day
Pulmicort Turbohaler	100 micrograms two puffs twice a day 200 micrograms one puff twice a day	200 micrograms two puffs twice a day 400 micrograms one puff twice a day	400 micrograms two puffs twice a day
Fluticasone propionate			
Flixotide Accuhaler	100 micrograms one puff twice a day	250 micrograms one puff twice a day	500 micrograms one puff twice a day
Mometasone			
Asmanex Twisthaler	200 micrograms one puff twice a day	400 micrograms one puff twice a day	n/a

* Different products and doses are licensed for different age groups and some are not licensed for use in children. Prior to prescribing, the relevant summary of product characteristics (SPC) should be checked (www.medicines.org.uk/emc).

High doses (shaded boxes) should only be used after referring the patient to specialist care.
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Table 12 (continued): Categorisation of inhaled corticosteroids by dose - adults*
(see also Figure 2)

ICS	Dose		
	Low dose	Medium dose	High dose#
Combination inhalers			
Beclometasone dipropionate (extrafine) with formoterol			
Fostair (pMDI)	100/6 one puff twice a day	100/6 two puffs twice a day	200/6 two puffs twice a day
Fostair (NEXThaler)	100/6 one puff twice a day	100/6 two puffs twice a day	200/6 two puffs twice a day
Budesonide with formoterol			
DuoResp Spiromax	160/4.5 one puff twice a day	160/4.5 two puffs twice a day 320/9 one puff twice a day	320/9 two puffs twice a day
Symbicort Turbohaler	100/6 two puffs twice a day 200/6 one puff twice a day	200/6 two puffs twice a day 400/12 one puff twice a day	400/12 two puffs twice a day
Fobumix Easyhaler	80/4.5 two puffs twice a day 160/4.5 one puff twice a day	160/4.5 two puffs twice a day 320/9 one puff twice a day	320/9 two puffs twice a day
Fluticasone propionate with formoterol			
Flutiform MDI	50/5 two puffs twice a day	125/5 two puffs twice a day	250/10 two puffs twice a day
Flutiform K-haler	50/5 two puffs twice a day	125/5 two puffs twice a day	n/a
Fluticasone propionate with salmeterol			
Aerivio Spiromax	n/a	n/a	500/50 one puff twice a day
AirFluSal Forspiro	n/a	n/a	500/50 one puff twice a day
AirFluSal pMDI	n/a	125/25 two puffs twice a day	250/25 two puffs twice a day
Aloflute pMDI	n/a	125/25 two puffs twice a day	250/25 two puffs twice a day
Combisal pMDI	50/25 two puffs twice a day	125/25 two puffs twice a day	250/25 two puffs twice a day
Fusacomb Easyhaler	n/a	250/50 one puff twice a day	500/50 one puff twice a day
Sereflo pMDI	n/a	125/25 two puffs twice a day	250/25 two puffs twice a day
Seretide Accuhaler	100/50 one puff twice a day	250/50 one puff twice a day	500/50 one puff twice a day
Seretide Evohaler	50/25 two puffs twice a day	125/25 two puffs twice a day	250/25 two puffs twice a day
Sirdupla pMDI	n/a	125/25 two puffs twice a day	250/25 two puffs twice a day
Stalpex Orbicel	n/a	n/a	500/50 one puff twice a day
Fluticasone furoate with vilanterol			
Relvar Ellipta	n/a	92/22 one puff once a day	184/22 one puff once a day

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