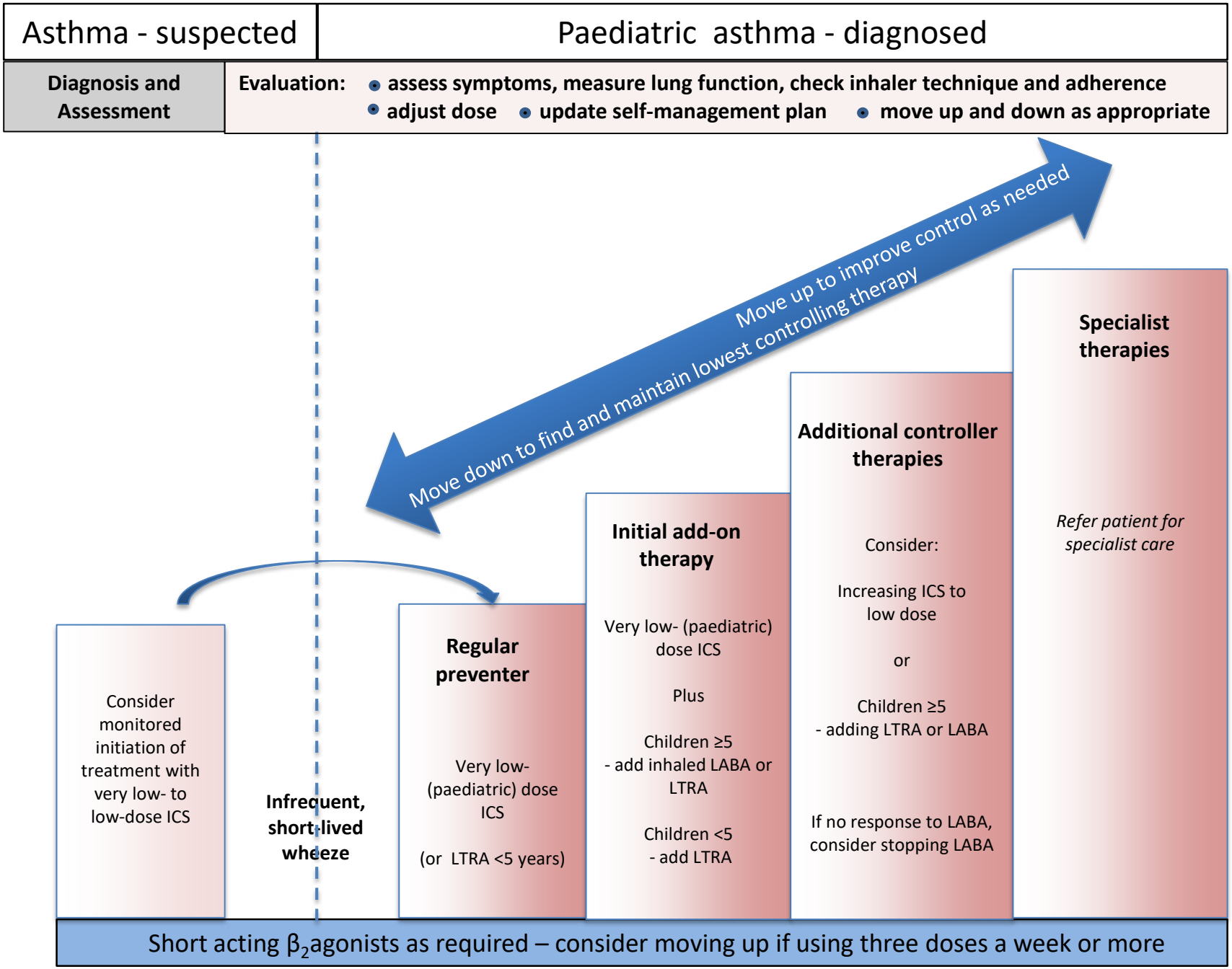
Asthma - suspected
Paediatric asthma - diagnosed
Diagnosis and Assessment
Evaluation:
assess symptoms, measure lung function, check inhaler technique and adherence
adjust dose
update self-management plan
move up and down as appropriate
Move up to improve control as needed
Move down to find and maintain lowest controlling therapy
Consider monitored initiation of treatment with very low- to low-dose ICS
Infrequent, short-lived wheeze
Regular preventer
Very low- (paediatric) dose ICS
(or LTRA <5 years)
Initial add-on therapy
Very low- (paediatric) dose ICS
Plus
Children ≥5
- add inhaled LABA or LTRA
Children <5
- add LTRA
Additional controller therapies
Consider:
Increasing ICS to low dose
or
Children ≥5
- adding LTRA or LABA
If no response to LABA, consider stopping LABA
Specialist therapies
Refer patient for specialist care
Short acting β2agonists as required – consider moving up if using three doses a week or more